



BLOOMFIELD CLASS SCHEDULE (February 2012)

1109 Broad Street Bloomfield, NJ 07003 TEL: (973) 893-9400 FAX: (973) 893-8136

Effective 2/01/12

DATE TIME	MONDAY (GOAL SETTING)	TUESDAY (DISCIPLINE)	WEDNESDAY (RESPECT)	THURSDAY (SELF CONTROL)	FRIDAY (ACHIEVEMENT)	SATURDAY (COOPERATION)
Kardio Kickbox	At Cedar Grove Talium, 387 Pompton Ave. Cedar Grove Kardio Kickboxing classes are available mornings and evenings: call 973 – 239 -7654 for detail hours.					
<i>The 20th Annual Talium Banquet on January 28th at "The Grove" was a great success enjoyed tremendously by all who attended. Thank you to all of our students and families for your great support in 2011. We look forward to a happy and healthy and successful 2012 to all!</i>						
	11:30AM -12:30PM TEEN/ADULT All Belts		11:30AM - 12:30PM TEEN/ADULT All Belts			
TIGERS 3:30- 4:00PM	PRIVATE LESSON	TIGERS (Ages 3 to 5)	PRIVATE LESSON	TIGERS (Ages 3 to 5)	PRIVATE LESSON	10:00AM - 11:00AM TEEN/ADULT All Belts
CHILDREN 4:00- 4:45PM	NO / WHITE YELLOW	JR. BLACK	ORANGE GREEN / BLUE	NO / WHITE YELLOW	PURPLE / RED BROWN	11:00 11:45 No- Yellow
CHILDREN 4:45- 5:30PM	PURPLE / RED BROWN	ORANGE GREEN/ BLUE	1 st DAN (Children)	PURPLE / RED BROWN	2 nd /3 rd DAN	11:45-12:30 Orange- Blue
CHILDREN 5:30- 6:15PM	ORANGE GREEN / BLUE	NO / WHITE YELLOW	JR. BLACK	SPARRING (Orange & Up)	JR. BLACK	12:30- 1:15 Purple- Brown
TEEN /ADULT CHILDREN 6:15- 7:00PM	1 st DAN (Children)	2 nd /3 rd DAN	NO / WHITE YELLOW	1 st DAN (Children)	LEADERSHIP TEAM	1:30PM → 3:00PM <i>Tae Kwon Do Birthday Party I</i>
TEEN/ADULT 7:00- 8:00PM	7:00 – 7:50 TEEN ONLY Black Belts	ADULTS ONLY 1 st , 2 nd , & 3 rd DAN	TEENS ONLY All Belts	1 st , 2 nd , & 3 rd DAN	S.W.A.T. Demo Team	3:30PM → 5:00PM <i>Tae Kwon Do Birthday Party II</i>
TEEN /ADULT 8:00-9:00PM	ALL BELTS	ADULTS ONLY All Belts	SPARRING (Orange & Up)	ALL BELTS		

**All
Tiger
Students**

To your
belt class

We at Master Cho's Talium are constantly trying to improve our schedule to better suit your needs and provide adequate and effective staffing for all classes. This new schedule is designed to ensure that you receive the training you deserve.

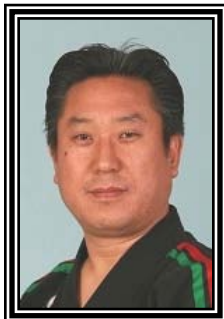
This schedule was prepared with your best interest in mind.

1. Students will attend class with their belt only.
2. Students must be here at least 10 minutes before class.
3. Students must take out their attendance cards before entering class.
4. Students must be present for two classes a week.
5. Students must ask permission to enter class if they are late.

Please Flip Over For Monthly Events

STUDENTS OF THE MONTH

Kai Yagnesak* Lia Yagnesak*
Sean Herold*



Founder of Talium
Grand Master
Taek Sung Cho

BLOOMFIELD TALIAM FEBRUARY 2012 EVENTS

1109 Broad Street Bloomfield, NJ 07003
Tel: (973) 893 - 9400 Fax: (973) 893 - 8136



Fairfield (HQ) 973-276-1155
Cedar Grove 973-239-7654
Ledgewood 973-252-1717
Berkeley Hgts. 908-771-5577
Bloomfield 973-893-9400

What's New at Talium This Month

Feb. 10th, Fri.: "PARENT'S NIGHT OUT"

Place: Bloomfield Talium
Bring the kids to Talium for a night of Taekwondo fun while you go out on a 'date' or go out with friends or just stay at home and relax in peace! See staff for details.

Feb. 21st, Tues.: COLOR & BLACK BELT STRIPE TEST

Place: Bloomfield Talium. *No regular classes will be held.*
Parents Workshop and Jr. Black Belt Conference will be held during testing. Parents are required to attend. The testing time schedule will be posted. Good luck to everyone testing!

Feb. 28th, Tues.: 4TH ANNUAL KARDIO CLINIC

Place: Cedar Grove Talium
Are you ready to get in the shape of your life? Grand Master Cho's Talium would like to invite you to our Talium Kardio Kickboxing Clinic. Back by popular demand, this **FREE** clinic will provide a HIGH intensity Kardio Kickboxing class. Grand Master Cho is inviting both men and women to join in on the fun. This unique class will be led by Talium Kardio Masters and Instructors from all Talium schools as well as Grandmaster Cho himself. See staff for more information.

UPCOMING EVENTS:

- **2nd and 3rd Dan Testing
- **Overnight Training

Please Flip Over For Class Schedule

Words from Grand Master Cho

Thank you to all our students and families who attended our 20th Talium Banquet. It was a great success for our Talium schools as well as our Talium families.

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Congratulations to our 2011 Award Winners

Student of the Year Color Belt: *Brendan Gaschke*

Student of the Year Black Belt: *Sofia Farrell*

Student of the Year Adult: *Robert Martzen*

Family of the Year: *Quinones Family*

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Congratulations to the 2012 Swat Team

Eli Chalet Matt Harwood* Gavin Zechinno*
Kristina Tan* Sophie Farrell* John Farrell*
Nicole Cuippa* Ruben Harikrishnan* Leah Plitkatis*
Jimmy Martzen* Daniel Parades* William Copeck*
Vijay Harikrishnan* Adrianna Pasterchick**

Aim High for Positive Mind, Strong Body & Healthy Spirit!