



# FAIRFIELD CLASS SCHEDULE (February 2012)

161 Fairfield Rd. Fairfield, NJ 07004

TEL: (973) 276 -1155

FAX: (973) 276 - 1138

Effective 2/01/12

DATE TIME	MONDAY (GOAL SETTING)	TUESDAY (DISCIPLINE)	WEDNESDAY (RESPECT)	THURSDAY (SELF CONTROL)	FRIDAY (ACHIEVEMENT)	SATURDAY (COOPERATION)
<b>Kardio Kickbox</b>	At Cedar Grove Talium located at 387 Pompton Ave Cedar Grove, Kardio Kickboxing classes are available mornings and evenings: call 973 – 239 -7654 for detail hours.					

*The 20<sup>th</sup> Annual Talium Banquet on January 28<sup>th</sup> at "The Grove" was a great success enjoyed tremendously by all who attended.  
Thank you to all of our students and families for your great support in 2011. We look forward to a happy and healthy and successful 2012 to all!*

<b>TIGERS</b> 3:30-4:00 PM	Private Lessons	3:30-4:00 pm <b>TIGERS</b> (Age 3 to 5) All Belts	Private Lessons	3:30-4:00 pm <b>TIGERS</b> (Age 3 to 5) All Belts	Private Lessons	10:00-11:00 <b>TEEN/ ADULT All Belts</b>	10:00-11:00 <b>1<sup>st</sup> 2<sup>nd</sup> &amp; 3<sup>rd</sup> DAN</b>
<b>CHILDREN</b> 4:00-4:45pm	NO / WHITE YELLOW	RED BROWN	ORANGE/ GREEN/BLUE	NO / WHITE YELLOW	PURPLE RED / BROWN	11:00-11:45 No- Yellow	<b>All Jr. Black Belts</b>  To your stripe class
<b>CHILDREN</b> 4:45-5:30pm	JR. BLACK	BLUE/ PURPLE	JR. BLACK	PURPLE RED / BROWN	ORANGE GREEN/BLUE	11:45-12:30 <b>Orange- Blue</b>	
<b>CHILDREN</b> 5:30-6:15pm	<b>1<sup>st</sup> DAN</b>	ORANGE/ GREEN	SPARRING Orange- Black Belt	<b>TIGERS</b> (Age 3 to5) No-Yellow	JR. BLACK	12:30 - 1:15 <b>Purple- Brown</b>	
<b>CHILDREN</b> 6:15-7:00pm	ORANGE GREEN/BLUE	NO / WHITE YELLOW	PURPLE RED / BROWN	<b>1<sup>st</sup> DAN</b>	<b>S.W.A.T. Demo Team</b>	<b>1:30 → 3:00 pm Tae Kwon Do Birthday Party I</b>	
<b>TEEN/ADULT</b> 7:00-8:00pm	TEEN/ ADULT All Belts	<b>2<sup>nd</sup> &amp; 3<sup>rd</sup> DAN</b>	<b>1<sup>st</sup> 2<sup>nd</sup> &amp; 3<sup>rd</sup> DAN</b>	TEEN/ ADULT All Belts		<b>2<sup>nd</sup> &amp; 3<sup>rd</sup> DAN</b>	<b>3:30 → 5:00 pm Tae Kwon Do Birthday Party II</b>
<b>TEEN/ADULT</b> 8:00-9:00pm	LEADERSHIP TEAM	TEEN/ ADULT All Belts	<b>2<sup>nd</sup> &amp; 3<sup>rd</sup> DAN</b>	TEEN/ ADULT All Belts	<b>SPARRING</b> Age 12 and up Orange - Black Belt		

We at Master Cho's Talium are constantly trying to improve our schedule to better suit your needs and provide adequate and effective staffing for all classes. This new schedule is designed to ensure that you receive the training you deserve.

## STUDENTS OF THE MONTH

### Please Flip Over For Monthly Events

This schedule was prepared with your best interest in mind.

1. Students will attend class with their belt only.
2. Students must be here at least 10 minutes before class.
3. Students must take out their attendance cards before entering class.
4. Students must be present for two classes a week.
5. Students must ask permission to enter class if they are late.

**Adwait Naware\* Robert Oechslein\***  
**Darren Chia\* Claudia Bennett\***



Founder of Talium  
Grand Master  
Taek Sung Cho

# FAIRFIELD TALIAM FEBRUARY 2012 EVENTS

161 Fairfield Road Fairfield, NJ 07004  
Tel: (973) 276-1155 Fax: (973) 276-1138



Fairfield (HQ) 973-276-1155  
Cedar Grove 973-239-7654  
Ledgewood 973-252-1717  
Berkeley Hgts 908-771-5577  
Bloomfield 973-893-9400

## What's New at Talium This Month

### Feb. 10<sup>th</sup>, Fri.: "PARENT'S NIGHT OUT"

Place: Fairfield Talium

Bring the kids to Talium for a night of Taekwondo fun while you go out on a 'date' or go out with friends or just stay at home and relax in peace! See staff for details.

### Feb. 27<sup>th</sup>, Mon.: COLOR & BLACK BELT STRIPE TEST

Place: Fairfield Talium. *No regular classes will be held.*

Parents Workshop and Jr. Black Belt Conference will be held during testing. Parents are required to attend. The testing time schedule will be posted. Good luck to everyone testing!

### Feb. 28<sup>th</sup>, Tues.: 4<sup>TH</sup> ANNUAL KARDIO CLINIC

Place: Cedar Grove Talium

**Are you ready to get in the shape of your life?** Grand Master Cho's Talium would like to invite you to our Talium Kardio Kickboxing Clinic. Back by popular demand, this **FREE** clinic will provide a HIGH intensity Kardio Kickboxing class. Grand Master Cho is inviting both men and women to join in on the fun. This unique class will be led by Talium Kardio Masters and Instructors from all Talium schools as well as Grandmaster Cho himself. See staff for more information.

### UPCOMING EVENTS:

\*\*2<sup>nd</sup> and 3<sup>rd</sup> Dan Testing

\*\*Overnight Training

Please Flip Over For Class Schedule

## Words from Grand Master Cho

Thank you to all our students and families who attended our 20<sup>th</sup> Talium Banquet. It was a great success for our Talium schools as well as our Talium families.

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**\*\*\*Congratulations to our 2011 Award Winners\*\*\***

**Student of the Year Color Belt:** *Sophia Hwang*

**Student of the Year Black Belt:** *Liam Yoo*

**Student of the Year Adult:** *Eva Stump*

**Family of the Year:** *Lupi Family*

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**Congratulations to the 2012 Swat Team**

*Frank Salemi\* Filippo Salemi\* Julia Cho\* Chris Cho\*  
Daniela Cerkanowicz\* Tristan Simson\* Katie Schmid\*  
Lora Krasteva\* CJ Conti\* Claudia Bennett\*  
Olivia Solomon\* Liam Yoo\* Michael Lebet\*  
Shyam Mehta\* Benjamin Chernin\**

*Aim High for Positive Mind, Strong Body & Healthy Spirit!*

You can also check the monthly schedules from Talium website at [www.talium4u.com](http://www.talium4u.com)

1-866-2-TALIAM